

Sausalito Marin City School District Bayside Martin Luther King, Jr Academy



Breakfast and Lunch Menu - June

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Breakfast	Breakfast	Breakfast	Breakfast
	Yogurt, granola, fruit	Cereal and milk, fruit	Bagel and cream cheese, fruit	Sausage, hash browns,
	Lunch	Lunch	Lunch	fruit <i>Lunch</i>
	Beef Nachos, beans, fruit	Chicken and gravy, rice, potato, fruit		Hot Dogs, broccoli, fruit
7	8	9	10	11
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Bagel and cream cheese, fruit	YOOLIFE OFADOLA TELLE	Cereal and milk, fruit	Bagel and cream cheese, fruit	Sausage, hash browns, fruit
Lunch		Lunch	Lunch	Lunch
Pesto Pasta, cauliflower, fruit	Beef taco platter, rice, beans, fruit	Chicken Teriyaki, Jasmin rice, broccoli/cauliflower, fruit	Beer Boiognaise, green	
14	15	16	17	18
Breakfast		Breakfast	Breakfast = -	Breakfast
Bagel and cream cheese, fruit	Yogurt, granola, fruit	Cereal and milk, fruit	Bagel and cream cheese, fruit	Sausage, hash browns, fruit
Lunch	Lunch	Lunch	Lunch	Lunch
Pizza Bread, broccoli/cauliflower, fruit	Beef Burrito, beans, fruit	Chicken Caesar salad, croutons, fruit	Beef Mac & Cheese, broccoli/cauliflower, fruit	lettuce/tomato notato
21	22	23	24	25
Breakfast		Breakfast	Breakfast	Breakfast
Bagel and cream cheese, fruit	YOULITE GRANGIA TELIIF	Cereal and milk, fruit	Bagel and cream cheese, fruit	Sausage, hash browns, fruit
Lunch		Lunch	Lunch	Lunch
Pasta marinara,			Beef Bolognaise, green	Iasmine rice
broccoli/cauliflower, fruit		sticks, fruit	beans, fruit	broccoli/cauliflower, fruit
28	29			
Breakfast	Breakfast			
Bagel and cream cheese, fruit	YOOLIFE OFADOIA TELIF			
Lunch	Lunch			
Pasta marinara, broccoli/cauliflower, fruit	Beef Nachos, beans, fruit			

Snacks for After School Program				
Cheddar crackers,	Breakfast bar, fruit	Cheddar bunnies	Multi-grain chips,	Mini-cheese
fruit	Diedkiast Dai, Ituli	crackers, fruit	fruit	crackers, fruit

Adult Paid Meals	Breakfast-\$2.00	Lunch-\$5.00
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